

What Is Claimed Is:

1. An interactive computerized method for determining the risk of an individual developing a disease and the consequences of developing the disease, comprising the steps of:
 - transmitting questions to a user pertaining to risk factors for the disease via a processor;
 - receiving responses to the questions from the user via the processor;
 - transmitting substantially contemporaneous feedback to the responses via the processor;
 - if the individual does not have the disease, determining the risk of the individual developing the disease using at least one of the responses and practice guidelines for the disease;
 - if the individual does have the disease, determining associated consequences of the disease using at least one of the responses and the practice guidelines for the disease;
 - transmitting a summary of positive risk factors and risk modification information to the user via the processor;
 - tracking changes in the responses and the positive risk factors for the individual over time.
2. The method according to claim 1, wherein:
the disease includes coronary artery disease.
3. The method according to claim 1, wherein:
the questions include questions about at least one of physical characteristics, lifestyle, and medical history.
4. The method according to claim 3, wherein:
the physical characteristics include age, gender, race, height and weight.

5. The method according to claim 3, wherein:
the lifestyle questions include questions about at least one of smoking habits, drinking habits, vitamin intake, and stress.
6. The method according to claim 3, wherein:
the medical history questions include questions about at least one of blood pressure, diabetes, menopause, ovary removal, hormone replacement, CAD, heart attack, coronary artery bypass surgery, angioplasty, peripheral vascular disease, left ventricular hypertrophy, family history, lipid profile, stress tests, and angiograms.
7. The method according to claim 1, further comprising the step of:
determining the risk factors for the disease using the practice guidelines.
8. The method according to claim 1, wherein:
the processor operates in one of a LAN environment, WAN environment, the WWW and the Internet.
9. The method according to claim 1, wherein:
the step of receiving the responses includes storing the responses in memory.
10. The method according to claim 9, wherein:
the memory includes at least one database.
11. The method according to claim 1, wherein:
the contemporaneous feedback includes at least one of general information about at least one risk factor, and whether the risk factor is positive for the individual.
12. The method according to claim 1, wherein:

the practice guidelines include practice guidelines published by at least one of the American College of Cardiology and American Heart Association, U.S. Department of Health and Human Services Agency for Healthcare Policy and Research, and the National Heart Lung and Blood Institute.

13. The method according to claim 1, wherein:
the associated consequences include at least one of invasive intervention and noninvasive intervention.
14. The method according to claim 13, wherein:
the invasive intervention includes at least one of surgery and angioplasty.
15. The method according to claim 15, wherein:
the noninvasive intervention includes at least one of pharmacological therapy and education.
16. The method according to claim 1, wherein:
the positive risk factors include being a male, being one of a postmenopausal female and a postmenopausal female with ovaries removed, being a male over 40 years of age, being a female over 45 years of age, having a BMI that indicates the user is overweight or obese, being a smoker, having diabetes mellitus, having elevated lipid levels, having known CAD, having known peripheral vascular disease, not exercising, having hypertension, having feelings of stress and anxiety, having left ventricular hypertrophy, not taking anti-oxidant vitamins, having high homocysteine levels, not getting the RDA of folate, vitamin B6 or vitamin B12, having a high lipoprotein level, having a low alcohol intake, having a positive family history of coronary disease, and not taking one aspirin per day.
17. The method according to claim 1, wherein: